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|--------------|-------------------|--------------------------|----------------|
| Race: | Respec-11, Heat 1 | Klassement: | Dames Klasse 1 |
| Datum: | 08-07-2023 | Winnend vermogen (Watt): | 51,34 |
| Afstand(km): | 11,3 | | |

| Nr | Sloep | FSN-nr | N | G | Kl. | Echte roeitijd hh:mm:ss | Roei snelheid m/sec | Cw kg/m | Vermogen per roeier min straf Watt | Straf Watt | # | Om te winnen dan sneller sec | dan is snelheid m/sec |
|----|---------------|--------|---|---|-----|----------------------------|------------------------|------------|---|---------------|---|---------------------------------------|-----------------------------|
| 1 | Leuve, De | FSN245 | 6 | D | 1 | 01:21:04 | 2,32 | 24,51 | 51,34 | | | 0 | 2,32 |
| 2 | Doordrijver | FSN023 | 8 | D | 1 | 01:28:24 | 2,13 | 38,80 | 47,26 | | | 119 | 2,18 |
| 3 | Roy Hesterman | FSN095 | 8 | D | 1 | 01:18:12 | 2,41 | 25,98 | 45,36 | | | 140 | 2,48 |
| 4 | Ruige Hilde | FSN268 | 6 | D | 1 | 01:23:11 | 2,26 | 22,83 | 44,33 | | | 191 | 2,35 |
| 5 | Vecht, De | FSN126 | 8 | D | 1 | 01:19:59 | 2,35 | 22,28 | 36,40 | | | 500 | 2,63 |

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|--------------|-------------------|--------------------------|--------------------|
| Race: | Respec-11, Heat 1 | Klassement: | Dames Vrije Klasse |
| Datum: | 08-07-2023 | Winnend vermogen (Watt): | 54,93 |
| Afstand(km): | 11,3 | | |

| Nr | Sloep | FSN-nr | N | G | Kl. | Echte roeitijd hh:mm:ss | Roei snelheid m/sec | Cw kg/m | Vermogen per roeier min straf Watt | Straf Watt | # | Om te winnen dan sneller sec | dan is snelheid m/sec |
|----|--------------|--------|---|---|-----|----------------------------|------------------------|------------|---|---------------|---|---------------------------------------|-----------------------------|
| 1 | Z.S.M. | FSN285 | 6 | D | V | 01:15:12 | 2,50 | 20,91 | 54,93 | | | 0 | 2,50 |
| 2 | Igor | FSN259 | 8 | D | V | 01:17:16 | 2,44 | 26,07 | 47,44 | | | 199 | 2,55 |
| 3 | Azorean High | FSN077 | 8 | D | V | 01:11:12 | 2,65 | 20,18 | 46,67 | | | 215 | 2,79 |
| 4 | Octopus | FSN089 | 8 | D | V | niet gestart | | | | | | | |